



YANZHANG WANG

Country: China

Date of Birth: 31/5/1991

Sport: Para athletics

Discipline: Throws



Sports Career

Paralympic Games : Gold medal and Silver medal in 2012, Silver medal in 2016

World Championships : Gold medal in 2015

Why do you wish to become a member of the IPC Athletes Council?

As an athlete, my career has lasted for 17 years. In my career, I have experienced a lot of setbacks and injuries. They tested me time and time again. Sports changed me; I love sports. I want my expertise and experience to be applied to the most appropriate place. That is to continue to make great contributions to the Paralympic Movement.

I participated in many competitions, made a lot of friends, experienced many difficulties, met a lot of wonderful people and things, this interesting experience made up my life. There are a lot of talented athletes all over the world, they have positive attitude to life and marvellous stories that inspire us, as one of them, I hope I can do better, to take on more responsibility, to influence more people, because these people and things are a very good interpretation of the Paralympic spirit.

Why do you wish to run for the IPC Athletes' Council?

To acquire more knowledge and with my experience and special skills, to help more athletes in the future and make the Paralympic spirit known.

What special skills, background and expertise will you bring to the IPC Athletes' Council?

I am familiar with the Para athletic competition and classification rules. I studied sports physiology, sports psychology, and sports training in university. I developed physical training method for wheelchair users.

How has sport impacted your life?

My view of life, my values and my dream has changed. I became confident and brave; sports is my lighthouse now. It has witnessed my progress.

What is your vision for the IPC Athletes' Council?

It's not a job, but responsibility. It serves as a bridge between athletes, IPC and NPCs.

Why is the athletes' voice important to you?

Only one voice is not enough. We need more people to make more sound, let more people hear, try to improve something, make the community and even the world, a better place.

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

In London Paralympic Games, discus was cancelled, that was my best event to compete. I was frustrated. I tried to end my career. I forced myself to start javelin, and now I am champion of javelin.